

Notes of the Volunteer meeting held on 6th September 2011

Present: Mike Andrews, David Rye, Pauline Rogers, Lexy Rose, Paul Cheetham

Apologies: Amy Hunter, Duncan Twigg, Tris Smith, William McCall, Carey Watford, Andrew Hazzard, Nick Harvey and Janie Cottle.

Volunteer Training:

Lexy has been planning a half day induction programme for volunteers. This will be based around the information contained in the volunteer handbook plus some of the material from the teachers pack on understanding mental health.

The next influx of student volunteers will probably be next summer and so it was decided that it would be effective to run an induction session in the Easter Holidays. Once a date has been identified it will be advertised on the website as this is the primary source of recruitment of student volunteers.

Lexy requires the volunteer handbook in order to proceed with the next stage of planning.

Action: Pauline

A discussion was held around the promotion of educational placements and pupil work experience. We agreed that this would be a good area to develop.

Internet Training:

Lexy has received an email offering access to training on the use of the internet. This will be free of charge. Lexy will contact John Thurlow for more details as it was agreed that this sounds a promising opportunity both for members and for some volunteers.

Action: Lexy

Activities Programme

Mike expressed the need for an increase in the number of volunteers who can lead activities at the drop-in sessions. It was agreed that we should identify the kind of activities that warrant support and then advertise in a targeted manner.

Lexy offered to run a meditation programme at the start of a session. This has been scheduled for 20th September.

It was also agreed that we should continue to develop programmes that enable us to engage with our partners in the local community.

CornerHouse Gym:

David mentioned that the gym will be opening shortly and that Paul is engaging the services of a fitness instructor to train individuals who can then show others how to use the equipment. This process has been agreed with the insurance company (including a written protocol). Woking Mind should identify individuals who would like to receive this training.

Everyone was thanked for attending.

Date of next meeting: Tuesday 25th October 2011 at 11.00hrs